

CERTIFICATE OF PARTICIPATION

This is to certify that

Andrew Beggs

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 02:01:47

PACE 09:21/km

GENDER 66 of 79

OVERALL 105 of 149

40 - 49 22 of 25

23 June 2019, Sun

Date



BoutTime

Signature

